

April 2025

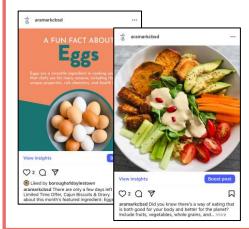
Family Fun

Butler Elementary's Family Fun & Fitness night got a sweet and healthy boost! We rolled in with a yogurt parfait bar that was a total hit - think creamy yogurt, mountains of colorful toppings, and kids (and parents!) creating their own delicious masterpieces. Fueling fun just got a whole lot tastier!



Let's Get Social

Get your daily dose of deliciousness! Follow us on Instagram for food pics, fun content, and healthy eating tips. @AramarkCBSD or Scan the QR code below.









Think You Know Snacks? Think Again

All right, snack fans, let's talk about the real MVPs of our school cafeterias: Smart Snacks! These aren't just any old munchies – they're the nutritional superheroes of the lunch line, packing flavor and fuel without the junk. So, what makes a snack "Smart"? It's like a secret recipe with a few key ingredients:

- Whole Grain Heroes: Gotta have at least 50% whole grains by weight (check that first ingredient—whole grain should be leading the pack!). This means sustained energy to conquer the day!
- Fruit, Veggie, Dairy, or Protein Power-Up: If grains aren't the main event, then fruits, veggies, dairy, or protein take center stage as the first ingredient. Think apples, carrots, yogurt, or lean protein for a nutritional boost!
- The Dynamic Duo (or More!): Teamwork makes the dream work! Snacks can be a combo of goodies, but they must have at least ¼ cup of fruit and/or veggies. Like raisins and pretzels—a sweet and salty power couple!
- Nutrient Ninja Status: These snacks aren't just tasty; they're
 also nutritional ninjas! They have to meet specific standards for
 calories, sodium, fats, and total sugars—keeping things
 balanced and healthy.







B Central Bucks School District



Don't Miss Out

Spring into flavor with our limited-time Turkey & Apple Melt, blooming April 7th to 11th! As the world awakens, treat your tastebuds to a warm embrace of smoky turkey bacon, tender sliced turkey, melty cheese, and the crisp, fresh bite of Granny Smith apples, in a whole grain flatbread. Served with a lively kale and carrot salad, it's the perfect way to welcome the season. Don't let this springtime delight fade away!



Work That Works for You

Join our awesome team! We're hiring Food Service, Cooks & More. Great hours (no nights or weekends!), flexible schedules, benefits & PTO. Full & part-time available. Scan the QR Code to apply.







Focus Group Fun

We recently hosted a super fun student focus group at Mill Creek Elementary! These awesome kids shared their honest opinions about our cafeteria menu and even got to try some brand-new dishes.

At Aramark Student Nutrition, we believe in putting students first. That's why we use focus groups to get valuable feedback and make sure our menus are always fresh, exciting, and most importantly, delicious! Thanks to our amazing young taste testers for helping us make school lunch even better!







